



January 2018

Church of the New Jerusalem

Monthly Newsletter

A community united by faith in God and love to the neighbor

Happy New Year's, dear readers!

I hope you had a Merry Christmas and are enjoying the beginning of 2018!!

And I want to thank so many of you for your kind words and cards after hearing of the unexpected passing of my sister Jera- it meant so much! When I did travel to Kansas for the funeral, one of the benefits was being with family I hadn't seen in awhile...including my nearly 98 year old grandpa, Rev. Eric Zacharias.



(My sister Tenley and I with Grandpa in November)

I believe I've mentioned him a time or two in writing for our monthly newsletter. Some of

you would have met him! He traveled to the Fryeburg New Church in the 1970s, helping to dedicate the new Horace Briggs Memorial Wing (a.k.a. Sunday School rooms ☺) when he was serving as President of our denomination.

When I saw him recently, he said to me, "I am very much at peace...I feel no attachment to things...and I've never felt so peaceful." "Grandpa," I responded, "that reminds me of some of the teachings of Buddhism!" (speaking of non-attachment). I was so happy to hear him speak of the peace he was feeling.

Remembering his words, I came across a book called *The Pocket Thich Nhat Hanh*, (the words of a Vietnamese Buddhist monk) that I thought would be perfect for his Christmas gift. As I thumbed through the pages, I found myself pausing at a page entitled, "Healing the Past," and finding some inspiration.

I thought these words might be inspiring to you too, as we head into a New Year and our thoughts on time might come to us more often. Here are the monk's words:

Our presence here means the presence of all our ancestors. They are still alive in us. Every time

The Fryeburg New Church aka The Church of the New Jerusalem

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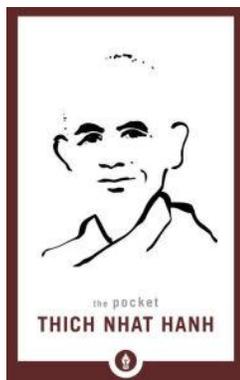
Office Hours: Pastor ~ Wednesday thru Friday 9:00 a.m. – 1:00 p.m.,

Saturday by appointment

Secretary ~ Wednesday thru Friday 9:00 a.m. – 1:00 p.m.

www.fryeburgnewchurch.org

we smile, all the generations of our ancestors, our children and the generations to come - all of whom are within us smile too...If you have made mistakes and caused your beloved to suffer, and if he or she is no longer alive, don't be frustrated. You can still heal the wound within you. The person whom you think has passed away is still alive in you. You can make him or her smile. Suppose while your grandma was alive, you said something out of forgetfulness that made her unhappy and you still regret it. Sit down, breathe in and out mindfully, visualize your grandma sitting with you, and say, "Grandma, I am sorry. I will never again say anything like that to you or anyone else I love." If you are sincere, focused, and utterly mindful, you will see her smiling in you and the wound will be healed... Although we think the past is gone and the future is not yet here, if we look deeply we see that reality is more than that. The past exists in the guise of the present because the present is made from the past...if we establish ourselves firmly in the present and touch the present moment deeply, we also touch the past and have the power to repair it. That is a wonderful teaching and practice. We don't have to bear our wounds forever. We are all unmindful at times; we have made mistakes in the past. It does not mean that we have to always carry that guilt without transforming it. Touch the present deeply and you touch the past. Take care of the present and you can repair the past.



Isn't that a lovely way to think about time? That the present moment holds so much possibility... including healing for the past.

Perhaps as you find yourself heading into a New Year, you still feel within unresolved feelings that stay with you from "the past." If we listen to Thich Nhat Hanh's wise and loving words, we can repair and transform these feelings. We deserve this kind of freedom with

our time. This is a way to love ourselves - "to free ourselves from old repetitive worn-out agendas" (as I once saw written). To stand free in the present is a high expression of self love that will heal not only ourselves but every strand we are connected to in this life...which is all.

How will you use your "time" in this New Year? May you take care of the present...what a gift!

**With many New Year blessings,
Rev. Alison**

Office Hours: Wednesday - Friday
9:00am-1:00 pm,
Saturdays by appointment
Email: pastorfnc@gmail.com
Office phone: 935-3413
Cell phone: 620-960-6748

Worship Schedule

Sunday School	9:00 AM
Family Worship	10:00 AM

January 7: *Jesus' Baptism, Mark 1:4-11*

*Remainder of January - we will use Mark's Gospel.
Stories TBA.*

Monthly Meditation Group continuing...

*We will meet Thursday, January 18th,
7^{pm}, in the sanctuary for a monthly
meditation time. Please feel free to bring
any items that make meditation more
comfortable and meaningful to you!*

Church Report

The Trustees

The Trustees' next meeting is scheduled for **Tuesday, February 6, 2018 at 7:00 pm**. The meetings are open to all, but you should contact the Chair prior to the meeting to get an item on the agenda. Also, please speak to any of the Trustees with your questions, concerns, compliments or complaints. We are here to serve you.

Currently Serving Trustees

Stew Frost, <i>Chair</i>	935-3344
Donnette Barnes, <i>Vice Chair</i>	461-2411
Cindy Priest, <i>Treasurer</i>	935-3360
Jim Gibson, <i>Trustee</i>	935-3676
TBA, <i>Trustee</i>	-----
Susan Logan, <i>Secretary</i>	603-694-3743
Judy Hatch, <i>Trustee</i>	935-2223
<i>Women's Alliance Representative:</i>	
Patricia Swett	603-939-2262

Women's Alliance

The next meeting of the Women's Alliance is TBA. We meet the third Monday of each month at the Church. All ladies are welcome!!

2018 Officers for the Women's Alliance are:

President Jean Cressy
Vice-President..... Claire Kiesman
Secretary..... TBA
Treasurer Patty Swett
Chaplain TBA



From the Treasurer

Anyone wishing to receive a copy of their contributions for the year 2017 for tax purposes please contact Cindy Priest.

TRUSTEE NEEDED

There is 1 position open on the Board of Trustees. Please contact any trustee member if interested :)

STEEPLE FUND

Thank you so much to the anonymous donor who offered to match up to \$3000 towards the repair work to the Steeple! And thank you to those of you who contributed the matching \$3000! We are so grateful!

FUNDRAISING

Are you interested in helping FNC with fundraising? Any exciting ideas to share? Please reach out to Stew Frost or any other board members. We would love to hear from you!

BYLAW REVIEW

Are you interested in helping us review and edit the church Bylaws? We would love your help! This issue came up at our last annual meeting and we would love to get started!

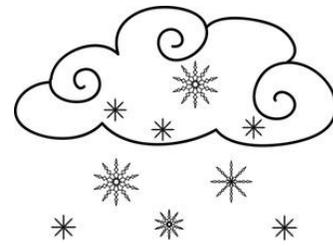


We hold our church, community and universe in our prayers! New Baby Blessings to Honey and her family – Mom and Dad and siblings: Braden, Maeve, and Bruno. Joyful prayers of gratitude for Bert and Renie Chaplin and a cancer-free report! We lift up Patty Swett, Donna Fournier and others facing challenging health situations. Prayers for Dale Heath, Mary Dysinger, and others recovering from recent surgeries.

The Sun, the Apple, the Moon, the Rose

*There is part of the Sun in the apple,
There is part of the Moon in the rose,
There is part of the flaming Pleiades
In everything that grows.
Out of the vast comes nearness,
For the God of Love for which man sings
Has put a little bit of Her heaven
Into every living thing.*

author unknown



Looking ahead!

I do, still!
Special Service in February
Time TBA



*Next month is Valentine's Day! Are you
looking for an extra special way to celebrate
with your spouse?*

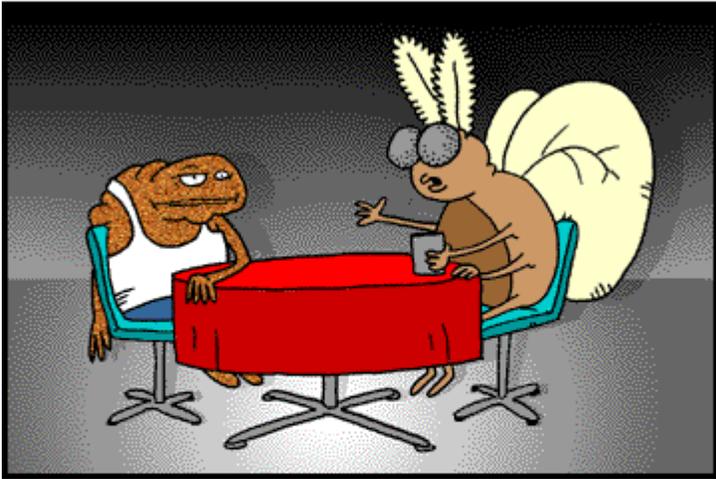
*We will offer our 4th Annual
Reaffirmation of Vows Service.*

*This will be open to the community for
couples who would like to remember and
cherish the vows that marked the beginning of
their married life.*

Thank you to those of you who
were able to help out with the
Community Giving Tree!

A big thank you to all who helped with
The Community Giving Tree. Everyone
was very generous and over 90 families
were helped with wrapped gifts of
needed clothing, games and toys. We
hope that it made your Christmas a
little brighter to know that you helped
another family to have a Christmas
celebration. Thank you for
remembering that it does "take a
village" to raise a child and that even
"you can make a difference" every
day. Thank you! ~ CGT committee





(See Matthew 6:19-20)

01-04-1999

THE BIBLE SAYS THAT, IN HEAVEN,
"NEITHER MOTH NOR RUST DO TH CORRUPT"
... DO YOU THINK THAT MEANS THAT WE
JUST WON'T HAVE THE URGE ANYMORE OR
THAT WE WON'T BE ALLOWED IN?

ARE YOU HIGH VIBE?

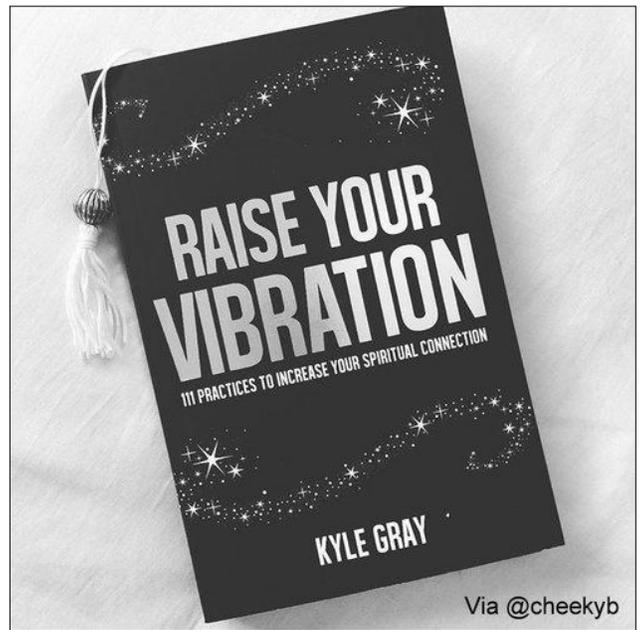
@KYLEGRAYUK



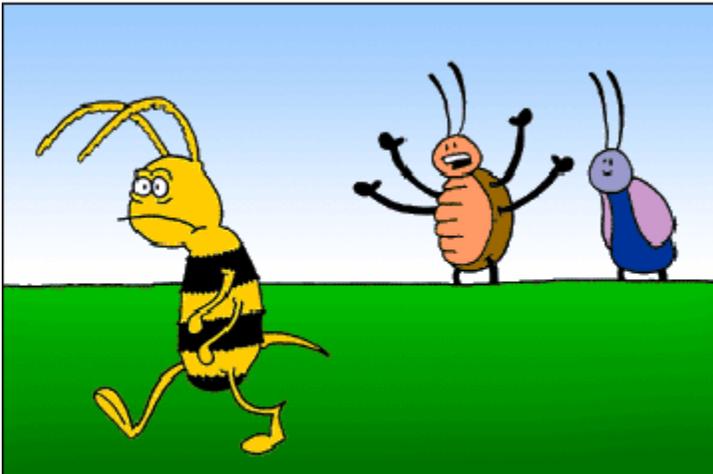
(See Matthew 14:24-33)

01-29-2001

DON'T WORRY, I'M ALRIGHT



Via @cheekyb



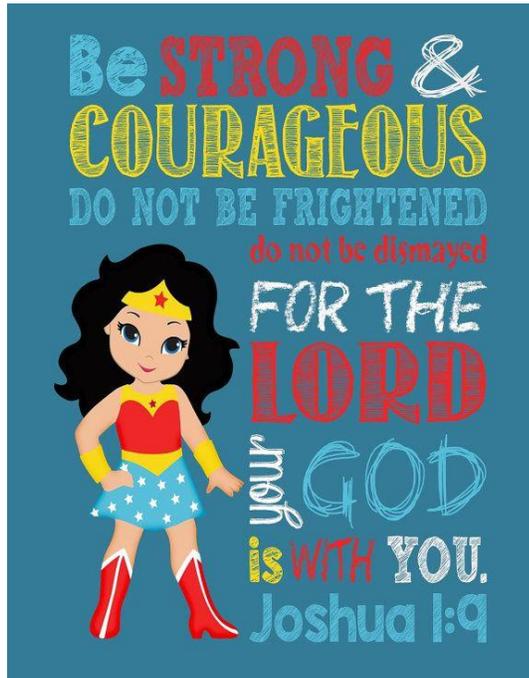
01-22-2002

WAIT, COME BACK ... I SAID "YOU MUST BELIEVE", NOT "YOU MUST LEAVE, BEE"

Starting on January 1st, Kyle Gray will be leading 111 days of a daily lesson from his international bestselling book *Raise Your Vibration*. To join in all you have to do is grab your copy of the book (available in all awesome bookstores) and/or check in with his FB or YouTube every day to see the lesson. If you want to start a spiritual practice or get refocused it's the perfect challenge to participate in. He has found the key to meditation, internal guidance and clarity is consistency. Are you ready to raise your vibes? (no worries about starting after January 1st! ☺)

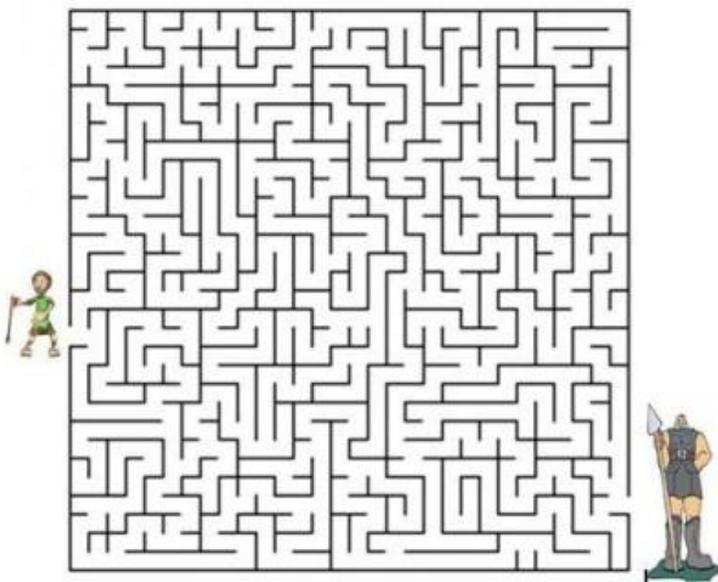
Coming up for our
Sunday School children
this month!

Bible Super Heroes!



David and Goliath

Help David get past the Goliath



Influenced by Swedenborg:



Sir Arthur Conan Doyle

(1859-1930) - British author

"The great Swedish seer Emanuel Swedenborg has some claim to be the father of our new knowledge of supernal matters. When the first rays of the rising sun of spiritual knowledge fell upon the earth they illuminated the greatest and highest human mind before they shed their light on lesser men. That mountain peak of mentality was this great religious reformer and clairvoyant medium..."

"Swedenborg's Influence | NC Organization." NC Organization. N.p., n.d. Web. 28 Nov. 2016.

Welcomers for January

Jan 7 Sally Gibson
 Jan 14 Debbie Dolley
 Jan 21 Martha Richardson
 Jan 28 *Open*

Ushers for January

Jan 7 Stew Frost & guest
 Jan 14 Stanley Dolley & Chuck Priest
 Jan 21 David & Jen Richardson
 Jan 28 Jean Cressy & Dean Harnden

Coffee Hour for January

Jan 7 Debbie Urgese
 Jan 14 Dawn Ferguson
 Jan 21 Dede Frost
 Jan 28 Sally Gibson

WORSHIP SERVICE ATTENDANCE DECEMBER 3 – DECEMBER 31, 2017		
Date	Adults	Children
December 3	31	6
December 10	30	3
December 17	45	8
December 24	26	3
December 31	19	3

As much as we want every Sunday to be bright and sunny, it is winter and sometimes the weather will make it necessary to cancel our classes and worship service. Please check the following stations to see if they have been cancelled before heading out on the road:
 TV Channels 6, 8, 13 and the following
 Radio stations: 560AM, 93.1FM, 93.5FM, 100.9FM, 101.9FM, and 104.5FM.
 It also will be posted on our FNC Sunday school Facebook page. Thank you!

Calendar for January 2018 (held at our Church unless indicated)			
1	Mon	New Year's Day	
2	Tues	Trustee's Meeting	7:00 p.m.
3	Wed	Dinner Bell North @SEAS	5:00 p.m.
7	Sun	Adult Choir Sunday School Family Worship	9:00 a.m. 9:00 a.m. 10:00 a.m.
10	Wed	Dinner Bell North @SEAS	5:00 p.m.
14	Sun	Adult Choir Sunday School Family Worship	9:00 a.m. 9:00 a.m. 10:00 a.m.
15	Mon	Martin Luther King, Jr. Day	
17	Wed	MSAD 72 early release FNC office closes early Rev. Alison @ FHCC Dinner Bell North @SEAS	12noon 10:30 a.m. 5:00 p.m.
18	Thur	Meditation group	7:00 p.m.
21	Sun	Adult Choir Sunday School Family Worship	9:00 a.m. 9:00 a.m. 10:00 a.m.
25	Wed	Dinner Bell North @SEAS	5:00 pm
28	Sun	Birthday Bank Sunday Food Pantry Sunday Adult Choir Sunday School Family Worship	9:00 a.m. 9:00 a.m. 10:00 a.m.





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a.k.a. *Fryeburg New Church*
12 Oxford Street
Fryeburg, ME 04037

Address Service Requested